

DO CHANGES IN ANAL SPHINCTER ANATOMY CORRELATE WITH ANAL FUNCTION IN WOMEN WITH A HISTORY OF VAGINAL DELIVERY?

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ABSTRACT - Objectives - To evaluate anal sphincter anatomy using three-dimensional ultrasonography (3-DAUS) in incontinent women with vaginal delivery, correlate anatomical findings with symptoms of fecal incontinence and determine the effect of vaginal delivery on anal canal anatomy and function. **Methods** - Female with fecal incontinence and vaginal delivery were assessed with Wexner's score, manometry, and 3DAUS. A control group comprising asymptomatic nulliparous was included. Anal pressure, the angle of the defect and length of the external anal sphincter (EAS), the anterior and posterior internal anal sphincter (IAS), the EAS + puborectal and the gap were measured and correlated with score. **Results** - Of the 62, 49 had fecal incontinence and 13 were asymptomatic. Twenty five had EAS defects, 8 had combined EAS+IAS defects, 16 had intact sphincters and continence scores were similar. Subjects with sphincter defects had a shorter anterior EAS, IAS and longer gap than women without defects. Those with a vaginal delivery and intact sphincters had a shorter anterior EAS and longer gap than nulliparous. We found correlations between resting pressure and anterior EAS and IAS length in patients with defects. **Conclusions** - Fecal incontinence symptoms did not correlate with anal pressures and anal sphincter anatomy changes, but women with sphincter defects have shorter anterior EAS and IAS and a longer gap.

HEADINGS - Fecal incontinence, ultrasonography. Anal canal, physiology. Natural childbirth.

INTRODUCTION

Fecal incontinence has been reported to affect up to 12% of the population. It has a significant impact on daily life and can lead to social isolation⁽¹¹⁾.

Different risk categories for fecal incontinence have been described⁽¹²⁾. Females with a history of previous vaginal delivery make up the majority of affected individuals⁽²⁰⁾, but age, BMI, previous anal and colorectal surgery, radiation exposure, and neurological conditions are also risk factors⁽¹²⁾. Therefore, proper evaluation of this condition-including use of fecal incontinence scores to quantify subjective symptoms and functional and anatomic measurements-plays a key role in patient management.

Anal ultrasonography is a well-established method for identification of sphincter defects, and correlates well with surgical findings^(3, 10). Recent advances in technology and the advent of three-dimensional

ultrasonography have enabled multiplanar study of anal canal anatomy and measurement of the length and volume of the anal canal muscles^(22, 27). Although some studies have reported poor correlation between symptoms, anal manometry pressures, and ultrasound measurements^(4, 5, 22), both studies should be offered to symptomatic patients⁽²⁾. A wide range of treatment modalities is available, including biofeedback, surgical sphincter repair, sacral nerve stimulation, and the artificial bowel sphincter, and a comprehensive assessment is required to identify anatomic and functional changes and inform the choice for the best treatment option. Within this context, this study was designed to evaluate anal sphincter anatomy using three-dimensional ultrasonography (3-DAUS) in a group of incontinent women with a history of vaginal delivery, correlate anatomical findings with symptoms of fecal incontinence and sphincter function, and determine the effect of vaginal delivery on anal

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canal anatomy. The secondary objective was to determine the interobserver reliability of 3-DAUS for measurement of anal canal structures.

METHODS

Patients

Consecutive female patients who presented to the Walter Cantídio University Hospital of the Federal University of Ceará, Brazil, between January 2012 and December 2012, with symptoms of fecal incontinence and a history of previous vaginal delivery were considered eligible for the study. All were assessed by means of Wexner's continence score, anal manometry, and 3-DAUS. Patients were then allocated into groups according to the absence or presence of sphincter ani defects.

Patients with inflammatory bowel disease, HIV infection, obesity, diabetes, neurologic disorders, or symptoms of stress and urge urinary incontinence were excluded, as were patients with a history of previous colorectal, anorectal, or gynecological surgery. Patients with full-length defects of the external anal sphincter (EAS) and internal anal sphincter (IAS) were also excluded.

The clinical protocol was approved by the Walter Cantídio University Hospital Research Ethics Committee, and all patients provided written informed consent.

Control group

A control group comprising 13 asymptomatic nulliparous women was recruited through the outpatient Colorectal Surgery and Gynecology clinics of the Walter Cantídio University Hospital. The exclusion criteria were the same as for the patient group.

Assessments

• Incontinence severity

Fecal incontinence was assessed by means of the Wexner score (Cleveland Clinic Florida Incontinence Scale) at the time of the visit⁽⁷⁾. The continence grading scale addresses leakage of gas, liquid, solid stool, need to wear pad, and lifestyle changes at varying frequencies and the extent to which they affect the patient's life.

• Anorectal manometry

Anorectal manometry was performed in the incontinent group. A flexible, water-perfused polyethylene catheter and an 8-channel manometer were used with ProctoMaster software (DynaMed, São Paulo, Brazil) to calculate anal canal pressure at rest, maximum anal squeeze pressure, and capacity required to sustain squeeze pressure for 30 seconds.

All evaluations of manometric data were performed by the same examiner.

• Three-dimensional anal ultrasonography

3-DAUS was performed in the incontinent and control groups during a one-time visit. After administration of a rectal enema (completed 2 hours before scanning), patients

were placed in the left lateral position for examination. After digital rectal examination, the endoprobe was introduced as far as the upper anal canal. A 3D ultrasound endoprobe (Pro-Focus 2052; 9–16 MHz; focal distance 2.8–6.2 cm; BK Medical, Herlev, Denmark) was used. Images up to 6.0 cm long were captured along the proximal-distal axis for up to 55 seconds by moving two crystals (axial and longitudinal) on the extremity of the transducer automatically, without moving the probe. The examination involved a series of transaxial slices up to 0.20 mm thick to produce a high-resolution digitalized volumetric image. Volume was displayed as a 3D cube image and recorded and analyzed in multiple planes.

The ultrasound identified the presence of a sphincter defect, combined EAS and IAS defects or if the lesion involved the EAS alone. Measurements obtained included the following: length of the anterior EAS and radial angle of the anterior EAS defect, length of the anterior and posterior internal anal sphincter IAS, length of the posterior EAS plus the puborectalis muscle (EAS+PR), and the gap length (distance from the proximal edge of the posterior PR to the proximal edge of the anterior EAS, corresponding to the area in the anterior quadrant without striated muscle) were measured and correlated with incontinence score. Groups were also compared with regard to sphincter muscle length and anal pressure.

The examination was performed by a single colorectal surgeon with experience in 3-DAUS (S.M.M.R.).

To determine interobserver variability in 3-DAUS measurements of the anal sphincters, all images (entire 3D cubes) were numbered randomly and then reassessed and measured independently by two blinded surgeons (S.M.M.R and G.O.S.F.). Interobserver agreement was assessed in a sample of 26 study participants that included both incontinent patients and controls.

Statistical analysis

The incontinent groups were compared with regard to the lengths of the anal sphincters and anal pressures. A subgroup composed of all incontinent patients without a sphincter defect was also compared with the control group. Differences between groups were assessed by means of the Student *t* test and 1-way ANOVA for continuous data. The chi-square test was used to compare groups with regard to mode of delivery and presence of fecal incontinence symptoms. The significance level was set at $P < 0.05$.

The relationship between continence scores and anal pressures and the lengths of the anal sphincters were evaluated by calculation of Spearman rank correlation coefficients (ρ).

Interobserver agreement was assessed by calculation of intraclass correlation coefficients with 95% confidence intervals. The strength of agreement was interpreted according to the Altman classification system (<0.20, poor; 0.21–0.40, fair; 0.41–0.60, moderate; 0.61–0.80, good; 0.81–1.00, very good)⁽¹⁾.

Data were analyzed using SPSS 14.0 for Windows (IBM-SPSS Inc., Chicago, IL)

RESULTS

Patient characteristics

Of the 62 women included in the study, 49 had symptoms of fecal incontinence and 13 were asymptomatic nulliparous volunteers. The mean age of the incontinent patients was 57 (SD, 10.8; range, 34-72) years. The mean age of the control group was 48 (SD, 13.8; range, 30-68) years.

Of these 49 women with fecal incontinence, 25 (51%) had EAS defects, 8 (16%) had combined EAS and IAS defects and 16 (33%) had intact sphincters. The EAS defect angle ranged from 104 to 166 (mean, 141; SD, 15.5) degrees (Figure 1, 2).

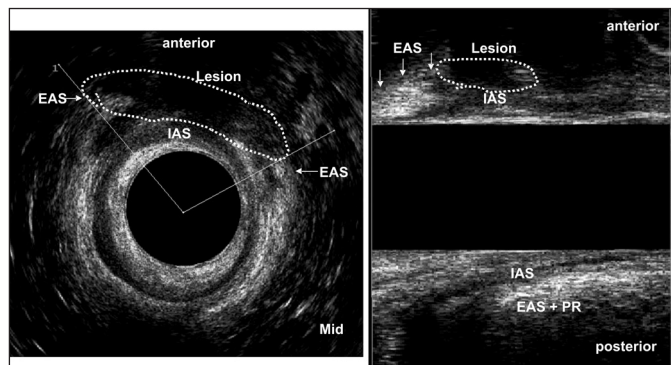


FIGURE 1. External anal sphincter defect after vaginal delivery (A) Mid anal canal. The EAS defect angle (axial plane). (B) Measurements of the lengths of the residual EAS (arrows). IAS is intact (sagittal plane). EAS: external anal sphincter; IAS: internal anal sphincter; EAS+PR: external anal sphincter plus puborectalis muscle

CCF continence Score

As noted in Table 1, continence scores were similar in patients with and without sphincter defects.

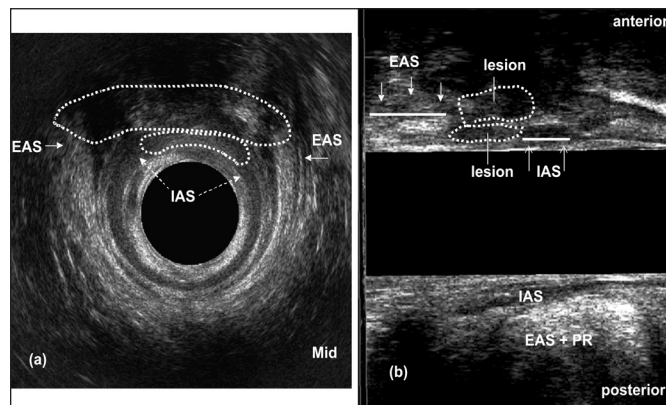


FIGURE 2. Combined EAS and IAS defect after vaginal delivery (A) Mid anal canal. The EAS and IAS defects (axial plane). (B) Measurements of the lengths of the residual EAS and IAS (arrows) (sagittal plane). EAS: external anal sphincter; IAS: internal anal sphincter; EAS+PR: external anal sphincter plus puborectalis muscle

Anorectal manometry

We did not find a statistically significant difference in resting and maximum squeeze pressure between patients with and without sphincter defects, but patients with intact sphincters had a significantly higher 30-s voluntary squeeze pressure (Table 1).

Sphincter lengths measured by 3-DAUS

Subjects with sphincter defects had a significantly shorter anterior EAS and IAS and longer gap than women without any defects. Those with a history of vaginal delivery and intact sphincters had a significantly shorter anterior EAS and longer gap than nulliparous subjects (Table 2) (Figure 3).

TABLE 1. Incontinent women with previous vaginal delivery and asymptomatic nulliparous volunteers: data

Variables	EAS defect (n = 25) mean (±)	EAS/IAS defect (n = 08) mean (±)	Intact sphincter (n = 16) mean (±)	Nulliparous (n = 13)
Age	58 (12.96)	59 (4.79)	55 (10.74)	48 (13.85)
Incontinence score	4 (3.68)	6 (5.62)	4 (3.94)	0
Resting pressure (mmHg)	37 (3.51)	25 (4.08)	37 (3.82)	-
Maximum squeeze pressure (mmHg)	95 (10.42)	80 (13.83)	105 (10.72)	-
Squeeze pressure for 30 s* (mmHg)	59 (7.81)	55 (9.83)	82 (7.28)	-

* $P < 0.05$; EAS: external anal sphincter; IAS: internal anal sphincter

TABLE 2. 3-Dimensional anal ultrasonography measurements in incontinent women with previous vaginal delivery and asymptomatic nulliparous volunteers

Variables	EAS defect (n = 25) mean (±)	EAS/IAS defect (n = 08) mean (±)	Intact sphincter (n = 16) mean (±)	Nulliparous (n = 13)
Anterior EAS* (cm)	1.1 (0.13)	0.9 (0.11)	1.6 (0.12)	1.8 (0.22)
Anterior IAS (cm)	2.4 (0.35)	1.2 (0.09)	2.7 (0.08)	2.5 (0.33)
Gap length* (cm)	2.6 (0.48)	2.5 (0.31)	2.2 (0.51)	1.8 (0.42)
Posterior IAS (cm)	3.1 (0.36)	3.0 (0.14)	3.3 (0.38)	3.2 (0.51)
Posterior EAS+PR (cm)	3.2 (0.38)	3.0 (0.10)	3.3 (0.38)	3.2 (0.51)
Radial angle of the defect	141.9 (15.59)	136 (14.93)	-	-

* $P < 0.05$; EAS: external anal sphincter; IAS: internal anal sphincter; PR: puborectal

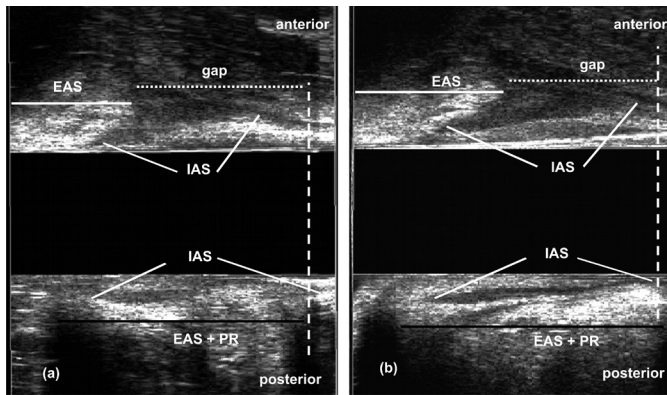


FIGURE 3. Measurements of sphincter lengths by 3-Dimensional anal ultrasonography (sagittal plane). (A) Patients with previous vaginal delivery and intact sphincters (sagittal plane). (B) Nulliparous voluntary (sagittal plane). EAS: external anal sphincter; IAS: internal anal sphincter; EAS+PR: external anal sphincter plus puborectalis muscle

There were no significant differences in length of the posterior internal anal sphincter or length of the posterior EAS plus the puborectalis muscle among women with sphincter defects, women with intact sphincters, and controls (Table 2).

Correlation between CCF continence scores and anorectal manometry findings

We found no correlation between continence scores and anorectal manometry pressures in patients with sphincter defects (EAS defect plus combined EAS and IAS defects) or those with intact sphincters (Table 3).

Correlation between CCF continence scores and Sphincter Lengths Measured by 3-DAUS

We did not observe any correlation between 3-DAUS measurements (anterior EAS, IAS and gap length and the radial angle of the defect) and continence scores in patients with sphincter defects (EAS defect plus combined EAS and IAS defects) or those with intact sphincters (Table 4).

Correlation between sphincter lengths measured by 3-DAUS and anorectal manometry

We found no correlation between anorectal manometry pressures and anterior EAS and IAS length on 3-DAUS in patients with intact sphincters. There were positive correlations between resting pressure and anterior EAS and IAS length on 3-DAUS in patients with sphincter defects (EAS defect plus combined EAS and IAS defects), but we did not observe any correlation between maximum squeeze pressure

TABLE 3. Correlation between continence scores and anal pressure measurements on anorectal manometry in patients had sphincter defects (EAS defect plus combined EAS and IAS defects) and had intact sphincters

Anorectal manometry	r (95% confidence interval)	P
EAS defect plus EAS + IAS defect (n = 33) Continence score vs		
Resting pressure (mmHg)	- 0.383 (- 0.682 to 0.026)	0.0587
Maximum squeeze pressure (mmHg)	- 0.174 (- 0.541 to 0.248)	0.4038
CSqueeze Pressure for 30 s (mmHg)	- 0.108 (- 0.525 to 0.351)	0.6406
Intact sphincter (n = 16) Continence score vs		
Resting pressure (mmHg)	- 0.077 (- 0.595 to 0.486)	0.7929
Maximum squeeze pressure (mmHg)	- 0.512 (- 0.825 to 0.042)	0.0610
Squeeze pressure for 30 s (mmHg)	0.024 (- 0.525 to 0.560)	0.9331

EAS: external anal sphincter; IAS: internal anal sphincter

TABLE 4. Correlation between continence scores and sphincter lengths measured by 3-DAUS in patients had sphincter defects (EAS defect plus combined EAS and IAS defects) and had intact sphincters.

Dimensional anal ultrasonography	r (95% confidence interval)	P
EAS defect plus EAS + IAS defect (n = 33) Continence score vs		
Anterior EAS (cm)	- 0.260 (- 0.561 to 0.101)	0.1426
Anterior IAS (cm)	- 0.339 (- 0.630 to 0.034)	0.0665
Gap length (cm)	0.023 (- 0.332 to 0.372)	0.8988
Radial angle of the defect	0.017 (- 0.337 to 0.367)	0.9240
Intact sphincter (n = 16) Continence score vs		
Anterior EAS (cm)	- 0.402 (- 0.755 to 0.132)	0.1223
Anterior IAS (cm)	- 0.058 (- 0.550 to 0.462)	0.8287
Gap length (cm)	- 0.205 (- 0.646 to 0.337)	0.4443

EAS: external anal sphincter; IAS: internal anal sphincter

or 30-s squeeze pressure and anterior EAS and IAS length on 3-DAUS in the sphincter defects group (Tables 5, 6).

Interobserver variability

As shown in Table 7, intraclass correlation coefficients (average) for evaluations by the two blinded surgeons ranged from 0.918 to 0.981 in the sample of 31 participants (including patients with fecal incontinence symptoms and controls). Thus, interobserver agreement was classified as very good for all measurements.

DISCUSSION

Ultrasonography has become the gold-standard method for assessment of anal canal anatomy. Two-dimensional ul-

trasonography is limited by the single plane of view and can be used to measure the extent of the defect circumferentially (radial angle in degrees or in hours of the clock)^(3, 6, 8, 20, 21). The recent development of 3-DAUS using 360° field-of-view transducers provides a topographical overview of anal canal anatomy and allows measurement of length, thickness, area of sphincter defect in the sagittal and coronal planes, and volume of sphincter damage^(18, 22, 24, 27). Few studies have reported on the contribution of this modality in the evaluation of anal canal anatomy in patients with fecal incontinence^(18, 24, 26, 27). In previous reports, we have demonstrated the asymmetrical shape of the anal canal and compared anal sphincter positions and lengths between the sexes⁽¹⁸⁾. The anterior EAS and the IAS have been described as shorter in women, producing a longer gap with a less resistant upper anal canal

TABLE 5. Correlation between anterior external anal sphincter and anal pressure measurements on anorectal manometry in patients had sphincter defects (EAS defect plus combined EAS and IAS defects) and had intact sphincters

Anorectal manometry	r (95% confidence interval)	P
EAS defect plus EAS + IAS defect (n = 33) Anterior EAS (cm) vs		
Resting pressure (mmHg)*	0.405 (- 0.000 to 0.696)	0.0445
Maximum squeeze pressure (mmHg)	0.113 (- 0.306 to 0.496)	0.5888
Squeeze pressure for 30 s (mmHg)	0.214 (- 0.252 to 0.600)	0.3498
Intact sphincter (n = 16) Anterior EAS (cm) vs		
Resting pressure (mmHg)	- 0.149 (- 0.640 to 0.428)	0.6092
Maximum squeeze pressure (mmHg)	0.002 (- 0.541 to 0.544)	0.9937
Squeeze pressure for 30 s (mmHg)	- 0.169 (- 0.652 to 0.411)	0.5636

* $(P < 0.05)$; EAS: external anal sphincter; IAS: internal anal sphincter

TABLE 6. Correlation between anterior internal anal sphincter and anal pressure measurements on anorectal manometry in patients had sphincter defects (EAS defect plus combined EAS and IAS defects) and had intact sphincters

Anorectal manometry	r (95% confidence interval)	P
EAS defect plus EAS + IAS defect (n = 33) Anterior IAS (cm) vs		
Resting pressure (mmHg) *	0.474 (0.085 to 0.738)	0.0165
Maximum squeeze pressure (mmHg)	0.115 (- 0.304 to 0.497)	0.5832
Squeeze pressure for 30 s (mmHg)	0.316 (- 0.147 to 0.665)	0.1629
Intact sphincter (n=16) Anterior IAS (cm) vs		
Resting pressure (mmHg)	- 0.170 (- 0.653 to 0.410)	0.5607
Maximum squeeze pressure (mmHg)	- 0.061 (- 0.584 to 0.498)	0.8354
Squeeze pressure for 30 s (mmHg)	0.029 (- 0.521 to 0.563)	0.9192

EAS: external anal sphincter; IAS: internal anal sphincter

TABLE 7. Intraclass correlation coefficients for parameters of anal canal anatomy on 3-Dimensional anal ultrasonography measurements

3-DAUS measurements	ICC (n = 118)	95% CI
Anterior EAS length	0.918	0.330 – 0.983
Anterior IAS length	0.940	0.753 – 0.985
Posterior IAS length	0.962	0.847 – 0.991
Posterior EAS+PR length	0.958	0.829 - 0.990
Gap length	0.982	0.930 – 0.996
Radial angle of the defect	0.973	0.889 – 0.993

EAS: external anal sphincter; IAS: internal anal sphincter

wall, predisposing to fecal incontinence, especially following vaginal delivery or anorectal procedures^(14, 18).

In this study, we evaluated changes in the anatomy of the anal canal in symptomatic women after vaginal delivery and assessed potential correlations with continence scores and anorectal manometry pressures. We also included a control group of asymptomatic nulliparous subjects for comparison with symptomatic patients without sphincter defects in terms of anal muscle length. Using 3-DAUS, we identified sphincter defects in 67% of incontinent females with previous vaginal delivery, and found that these subjects had a significantly shorter anterior EAS and IAS and longer gap than women without defects, whereas women with a history of vaginal delivery and intact sphincters had a significantly shorter anterior EAS and longer gap than nulliparous women. This is an interesting finding, as we understand that vaginal delivery may change the anal anatomy, making the anal canal more asymmetrical and causing loss of resistance. Perhaps, over time, other risk factors (such as anorectal and colorectal surgery and clinical conditions) may have an additive effect and lead to the subsequent development of continence disorders. Oberwalder et al. reported that 71% of women with late-onset fecal incontinence after vaginal delivery had occult sphincter defects⁽¹⁵⁾.

Although our results show no differences in continence scores between patients with and without symptoms and no correlation between muscle length, scores, and squeezing pressure as measured by anorectal manometry, we did observe a positive correlation between resting pressure and anterior EAS and IAS length on 3-DAUS in patients who had sphincter defects. These results are consistent with those of previous studies^(2, 22), but all these measurements are relevant to therapeutic decision making, as ultrasound can differentiate between incontinent patients with intact anal sphincters and those with sphincter lesions, as well as associate anal pressures and symptoms, providing additional value to select patients for different treatment modalities. Fecal incontinence is multifactorial; different mechanisms are involved⁽¹²⁾ and patients with fecal incontinence and intact sphincter may have muscle degeneration, atrophy, or pudendal neuropathy^(19, 23, 25). Ultrasound can identify clinically occult anal sphincter injuries following vaginal delivery^(8, 16).

In this study, we also measured 30-s voluntary squeeze pressure by manometry. These measurements provide a better evaluation of striated muscles, and patients with intact

sphincter had a significantly higher 30-s voluntary squeeze pressure. Previous studies have shown significantly higher mean maximal squeeze pressures in patients with intact muscles^(22, 24, 26).

To reduce the number of parameters analyzed, the current study focused on muscle length and gap length in patients with a history of previous vaginal delivery. Patients with a history of surgery and those with sphincter lesions involving the whole length of the anal canal were excluded.

We performed 3-DAUS in automatic scan mode, without moving the probe. In this modality, images are captured along the proximal-distal axis of the anal canal by moving two crystals on the extremity of a stationary transducer. All measurements were obtained accurately, without any interference from probe movement, and our results demonstrated very good interobserver variability due to the simplicity of length measurements, as previously described in the literature^(9, 13, 14). Volumetric measurements were not obtained, since they are limited by methodology, which consists of measuring the area of the anal sphincter in successive images, hindering determination of the exact lateral, proximal and distal limits of the muscles⁽¹⁷⁾.

Our study was limited by the small sample size and by the heterogeneity of the incontinence group, which included primiparous and multiparous women. Furthermore, our data did not include detailed clinical information on deliveries.

CONCLUSIONS

Fecal incontinence symptoms did not correlate directly with anal pressures and anal sphincter anatomy changes (sphincter length, radial angle) in women with a history of vaginal delivery, but women with sphincter defects have shorter anterior EAS and IAS and a longer gap and there were correlations with lower resting pressure. Additionally, women with previous vaginal delivery and no sphincter injury do exhibit changes in anterior anal canal anatomy: the EAS is shorter and the gap is longer than in nulliparous women. On the basis of this study, it seems rational that a comprehensive evaluation be offered to all patients with symptomatic fecal incontinence so as to enable identification of anatomic changes and quantify function to select patients for anal repair. Three-dimensional anal ultrasonography was found to be a reliable method for measurement of anal structures, especially muscle length.

Murad-Regadas SM, Dealcanfreitas ID, Regadas FSP, Rodrigues LV, Fernandes GOS, Pereira JJR. Alterações na anatomia do esfíncter anal se correlacionam com a função anal em mulheres com história de parto vaginal? *Arq Gastroenterol.* 2014;51(3):198-204.

RESUMO - Objetivos - Avaliar a anatomia do esfíncter anal usando ultra-sonografia tridimensional (3D-US) em mulheres incontinentes com parto vaginal, correlacionar os achados anatômicos com sintomas de incontinência fecal e, determinar o efeito do parto vaginal sobre a anatomia e função do canal anal. **Métodos** - Mulheres com sintomas de incontinência fecal e história de parto vaginal foram avaliadas com escore de Wexner, manometria e 3D-US. Um grupo controle constituído por nulíparas assintomáticas foi incluído. Pressão de repouso, o ângulo radial do defeito e o comprimento do esfíncter anal externo (EAE), o esfíncter anal interno anterior e posterior (EAI), o EAE + músculo puborretal e o gap foram medidos e correlacionados com escore. **Resultados** - Das 62 mulheres, 49 apresentaram sintomas de incontinência fecal e 13 eram nulíparas assintomáticas. Vinte e cinco tinham defeitos EAE, 8 haviam defeito combinado EAS e IAS, 16 tinham esfíncteres intactos e escores de continência foram semelhantes. Indivíduos com defeitos do esfíncter tinha um menor EAE e EAI anterior em relação as mulheres sem defeitos. Aquelas com um parto vaginal e esfíncteres intactos tinham um menor EAE anterior em relação as mulheres nulíparas. Evidenciou-se correlações entre a pressão de repouso e a medida do EAS anterior e IAS em pacientes com defeitos do esfíncter. **Conclusões** - Sintomas de incontinência fecal não se correlacionou com as pressões anais e alterações anatômicas do esfíncter anal, mas as mulheres com defeitos do esfíncter têm menor EAS anterior e IAS e uma gap maior e houve correlações com menor pressão de repouso.

DESCRITORES - Incontinência fecal, ultrassonografia. Canal anal, fisiologia. Parto normal.

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